Beth rocks the boudoir

The glamour and seductiveness of the boudoir photoshoot – that's not for the likes of a suburban mum, right?

Wrong.

Take Beth, for instance.

This mother of two, who loves the outdoors life in northern Queensland, recently starred in her own bouldoir photoshoot – something she had sworn to friends she would never do.

Like many women, Beth lacks body confidence.

She is a successful professional woman and is confident in all other aspects of her life, but the idea of creating seductive photos for her husband was not one she felt comfortable about.

The experience however was far better than she could have ever imagined.

"I feel so lucky – thank you so much for this!" she wrote to photographer Catherine Coombs following the shoot.

"You made me smile, and hubby is very impressed!"

The secret to an amazing boudoir shoot like Beth's lies in the photographer's ability to help her feel relaxed and capture her inner beauty. This style of photography is all about creating an intimate keepsake which focuses on the woman's personality.

The photos of Beth do not show that she has a busy career and has to work hard to maintain a necessary balance in all areas of her life.

What they do celebrate however is the side that too many women lose in a hectic lifestyle – their femininity and power and self-confidence. Stunning Intimo lingerie supplied by stylist Raylene Srhoj helped to create the mood of the shoot.

Beth came to Boudoir Photography after seeing the website. She had won a boudoir photo shoot with another company, but was not comfortable in that environment.

Catherine was able to work with Beth to ensure the photoshoot was memorable, fun, and exceeded Beth's expectations.

"You made me so comfortable," Beth said to Catherine after the shoot.

"You are a rock star."